

| Name:          |        |                     | Age: |  |
|----------------|--------|---------------------|------|--|
|                |        | FEEDING             |      |  |
|                |        |                     |      |  |
| Eats<br>every  | hours. |                     |      |  |
| Notes:         |        |                     |      |  |
|                |        |                     |      |  |
|                |        |                     |      |  |
|                |        | CLEED               |      |  |
|                |        | SLEEP               |      |  |
| Keep awake for |        | hours between naps. |      |  |
| Notes:         |        |                     |      |  |
|                |        |                     |      |  |
|                |        |                     |      |  |
| Sound Machine  |        |                     |      |  |
| Sleep Sack     |        |                     |      |  |
| Pacifier       |        |                     |      |  |
| In Crib        |        |                     |      |  |

For more information and resources on baby sleep, visit www.takingcarababies.com